

Virginia Crisis Intervention Team Coalition
Annual Meeting – October 21st, 2010
Richmond, Virginia

Program Updates

Alexandria Crisis Intervention Team

- Alexandria put on our First class 5/17- 5/21. 7 Police and 6 Deputies. Great Reviews from all!
- Alexandria put on our second CIT training Sept. 20-24. 18 Police and Sheriff Deputies were trained.
- Alexandria was awarded a continuation grant from DCJS to continue the CIT program activities.
- Alexandria Police Communications Officer went through the Dispatcher training in Goochland presented by TJ Area staff. MH and Police CIT staff observed training, and are developing a local training in Alexandria.
- CIT staff has been approached by Fire and EMS to discuss possible future CIT trainings.

Arlington County Crisis Intervention Team

- Arlington County applied for and was awarded the Byrne Justice Assistance Grant for the Arlington Crisis Intervention Team Initiative. With this grant, Arlington County has recruited and hired a new CIT Coordinator to facilitate future trainings and improve existing data collection systems to track the success of the CIT program.
- Arlington County CIT faculty, including CSB and police representatives from the CIT Planning Committee/Task Force, have the Train the Trainer Program with the help of the New River Valley Crisis Intervention Team. During this training, Arlington County CIT faculty developed the tools to enhance the core elements of the existing CIT training curriculum.
- Arlington County CSB has completed a relocation of their Psychiatric Emergency Services, office-based crisis stabilization services (currently up to 15 hours), jail diversion team, and all front-door programs for mental health services to a central location. This move marks the beginning phase in what will hopefully become a 24-hour center for psychiatric emergency services, CIT police drop-off, and crisis stabilization services for persons experiencing mental health crises.
- Arlington County has scheduled their next 40-hour CIT training for November 1-5, 2010. This will be the fourth 40-hour training to date, with a total of 64 law enforcement officers from the region trained in CIT. Of those, 32 are Arlington County Police officers and the remainder is Arlington Co. Sheriff's Deputies, Airport Police, and Pentagon Police officers.

Blue Ridge Crisis Intervention Team

- Blue Ridge CIT Program reached fully operational status on June 18 2010.

- Blue Ridge CIT held their 5th local CIT 40 hour training in September, and now has a total of 73 law enforcement and jail officers and 7 other first responders trained in CIT.
- In the first year of Blue Ridge CIT's Transfer of Custody Agreement (September 14th, 2009 – September 14th, 2010), custody was transferred in 438 cases for a time savings of over 870 LEO duty hours.
- The Blue Ridge CIT Program Coordinator has been selected to receive the MHA-A's 2010 Commendation Award in recognition of his hard work in the establishment and coordination of the CIT program in the Augusta, Waynesboro, Staunton region.

Chesapeake Crisis Intervention Team

- 7 individuals from our Sheriff, Police & CSB attended the CIT International conference in San Antonio, Texas. Attending this conference was very beneficial to our city. One noteworthy result of our attendance, our sheriff's office decided to have additional officers participate in CIT training and subsequently paid for two additional trainings for sheriff & police utilizing exclusively sheriff funds.
- We have conducted three 40 hour core trainings since our last Coalition meeting. Training a total of 54 law enforcement officers since June 2010.
- Trainers from Police & CSB were guests of Hampton-Newport News CIT for their dispatcher training and observed techniques and instruction that will be invaluable in conducting our own dispatcher training.

Fairfax Crisis Intervention Team

- Fairfax CSB recently conducted a 5 day CIT Training in collaboration with the Fairfax Police Academy.
- 50 officers attended; most were Ffx Co. police. Officers from the town of Vienna and Prince William Co. as well as deputies from the Ffx Co. Sheriff's Dept. attended as well.
- Jail diversion and Emergency Services staff participated in a day long role play activity where officers had an opportunity to practice their new learned skills.
- The Peer Support Specialist of the Jail Diversion Program provided a consumer's perspective of his experience with the police while experiencing a manic episode.
- The Manager of Jail Diversion gave an overview of the program to the trainees.

Henrico Crisis Intervention Team

- The Henrico County CIT trainers have trained over 250 responders from police, sheriff, fire, communications, and mental health.
- In June we held a CIT Community Meeting with Pete Earley as the keynote speaker.
- On October 9, 2010 members of Henrico CIT participated in the NAMI Virginia Walk. Our goal was to honor the memory of Joshua Harkey, the son of one of 40 hour presenters, who lost his battle

with mental illness in 2006.

New River Valley Crisis Intervention Team

- During the week of September 27-October 1, the NRVCIT Program held its 15th 40hr CIT training. To date the program has trained 162 New River Valley Law Enforcement officers (31% of all law enforcement) and 124 out of town officers. We also have trained 34 observers. Our next scheduled 40hr training is April 11-15, 2011.
- On November 18th, 2010 the NRVCIT Program will be holding our 6th Annual Crisis Intervention Team Awards Banquet at the Inn at Virginia Tech. Our keynote speaker will be Commissioner Paul Galanti, with the Department of Veterans Services. Around 100 individuals from various organizations are expected to attend.
- In July, the NRVCIT Program was awarded a Byrne Justice Assistance Grant to partner with the Virginia Wounded Warrior Program to develop and implement a training program for criminal justice personnel on veterans-related issues. The program will be piloted in the 27th Judicial District and then slowly replicated across the Commonwealth.
- The NRVCIT Program is currently partnering with our local Probation & Parole office to develop a one-day 8 hour training on mental health awareness and verbal de-escalation. In the past, we have also worked with other community organizations such as faith-based organizations and Emergency Medical Services to develop shorter mental health awareness trainings.

Rappahannock Area Crisis Intervention Team

- September 14 marked our 1st dispatcher training. We had 18 in attendance. Our 2nd Dispatcher training is scheduled for September 21 and 18 are expected to participate in this training.
- Our 4th CIT training was held September 27-October 1. We trained 17 LE, 1 Jail Officers, 1 MH and 1 Observer.

Richmond Crisis Intervention Team

- Conducted 2nd 40 hour basic training. Scheduled 3rd 40 hour basic to be conducted 11/15-11/19. Scheduled 6 40 hour basic events for calendar year 2011.
- Scheduled our 2nd TTT to be conducted 10/13-10/15.
- Initiated planning for our first dispatcher training event.
- Consulted with District 19 CSB and their stakeholders regarding the initiation of their CIT program.

Thomas Jefferson Area Crisis Intervention Team

- Trainings Scheduled for FY2011
 - Three 40-Hour Classes
 - Nov. 1-5, 2010
 - Feb. 28 – March 4, 2011

- April 18-22, 2011
 - Two 4-Hour Emergency Dispatcher Training
 - Dec. 2, 2010 8-12 in Charlottesville and 1-5 in Fluvanna County
- Monthly Review Team Meetings
 - Every month representatives from ALL the criminal justice and Mental Health systems meet to review individual crisis cases and discuss how CIT is working for our region.
- Crisis Diversion Site
 - University of Virginia Hospital made a decision to develop a 3-4 bedroom Crisis Diversion Site in the Emergency Room when they renovate the facility
 - Scheduled to lose 16 more mental health beds at Rucker 3 in Martha Jefferson Hospital in spring 2011.
 - Training University of Virginia Campus Security Officers in CIT to take over custody with ECO clients at the hospital.

Virginia Beach Crisis Intervention Team

Since April 2009 Virginia Beach CIT has provided seven 40 Hour CIT trainings, three 24 Hour Train-the-Trainer classes, three 8 hour police academy classes, and trained all (107) 911 Dispatchers/Call takers in 8 Hour training classes.

Total VB Law enforcement trained in 40 hour CIT:

125 CIT Police Officers

50 Sheriff's Deputies

Planning three (3) additional 40 Hour trainings and one TTT this fiscal year.

Virginia Beach CIT Assessment Center @ VB Psychiatric Center

The official Ribbon Cutting ceremony was January 2010, and soon after Emergency Services clinicians began working onsite after hours. The Memorandum of Agreement between Department of Human Services, Police Department and Virginia Beach Psychiatric Center took much longer with a few issues to resolve between lawyers for the City of Virginia Beach, and the other interested parties. Finally the City Manager, Chief of Police, DHS Department Head, and VBPC CEO signed the MOA in July 2010.

One month before official transfer of custody began, the Assessment Center was staffed 24 hours a day by Emergency Services and Security Officers who began collaboration with police remaining onsite during crisis assessments. Transfer of custody from VB CIT Officers to the Assessment Center began on August 18th. Electronic Health Record services codes were enabled on August 4th to capture ES crisis assessments at CIT AC.

1. Since August 4, 2010, CIT AC served 328 consumers. This included voluntary, involuntary and assessments at emergency department across the street.
2. Of those, at least 136 people were brought to ES's attention in police custody. Some were diverted to the emergency department for medical evaluation prior to mental health crisis assessment.
3. Since August 18, 2010 eighty-three (83) persons were brought to CIT AC under a paper or paperless ECO. Approximately 68% of those required involuntary hospitalization due to substantial risk to themselves or others in the near future. The other 32% were determined to meet less restrictive alternative criteria or medically admitted.
4. During the first eight (8) weeks of data collection, there were sixty-one (61) successful transfers of custody from a CIT Police Officer to Security Officer at the Assessment Center. The ability to transfer legal custody during that 8 week period saved VBPD approximately 488 hours which allowed police officers to resume patrol duty.

Security Officers:

1. VBPC contracted with United American Security, a private company
DHS-ES and VBPD CIT Officers provided 8 hour CIT Lite orientation trainings for security personnel who remain onsite in CIT AC or surrounding hospital grounds
2. Are DCJS certified as armed which means they have been trained to use continuum of force techniques, handcuffs, pepper spray and use of weapon. Security officers do not have weapons in CIT AC. They have handcuffs and a wand for searches
3. Security officers frequently work same shifts, and enthusiastically "own" the responsibilities for this work. There is a professional partnership between the Security Officers and CIT Police.

Seminar October 15, 2010:

"You are Not Alone: Reaching Out and Recognizing Mental Illness and Addiction in Our Faith Communities"

Sponsored by: ***Interfaith Committee of Virginia Beach CIT Coalition***

This provided clergy and faith leaders information about mental illness and substance use disorders, basic screening skills and community resources. Six VB CIT Police Officers attended the luncheon to share with over 100 participants.